

OHIO RESOURCES



211/First Call for Help
211 or (216) 436-2000
www.211.org

2-1-1 is a free community service easily accessible by phone or internet where individuals can get information about social, health and government resources 24 hours a day, every day.

You can call 2-1-1 or 216-436-2000 in Cuyahoga County, 440-285-3194 in Geauga County or 888-330-4211 in Medina County. ***If you live outside of Northeast Ohio, simply call (216) 436-2000 and you will be redirected to the 211 center in your county.***

The 211 website provides information on more than 10,000 community services in Northeast Ohio that are searchable by category.

HEALTH INSURANCE

If you do not have health insurance...

- You may be eligible for Medicaid coverage through County Employment & Family Services programs. Please call First Call for Help at 211 or 216-436-2000 to get the phone number for the county where you reside or visit www.211.org.
- There are community health clinics that provide primary medical care free of charge or for a fee that varies based on patient income. Please call First Call for Help at 211 or 216-436-2000 24 hours, 7 days a week for a referral to a clinic in the area where you live, or visit www.211.org.

If you need assistance with prescription drug coverage...

State agencies and community organizations worked together with America's pharmaceutical companies to develop Rx for Ohio to help low-income, uninsured Ohio residents get free or discounted brand-name medicines. Call 877-RX-4-OHIO or visit www.rxforohio.org for more information.

MENTAL HEALTH SERVICES

Ohio Department of Mental Health (ODMH)

(877) 275-6364

www.mh.state.oh.us/

The Ohio Department of Mental Health works to assure access to quality mental health services for Ohioans at all levels of need and life stages.

NAMI Ohio

(614) 224-2700

www.namiohio.org

The National Alliance for the Mentally Ill maintains a helpline for information on mental illnesses and referrals to local groups.

FINANCIAL ASSISTANCE

Ohio Department of Job and Family Services

(877) 852-0010

http://jfs.ohio.gov/ocomm_root/0002OurServices.stm

Provides links to a variety of financial services and programs in Ohio.

Consumer Credit Counseling Service of Ohio

(800) 355-2227

www.cccservices.com

Offers education and solutions for people with financial problems and also helps with alternatives to bankruptcy.

Ohio Benefit Bank (OBB)

(800) 648-1176

www.obb.ohio.gov

The Ohio Benefit Bank is a public-private partnership to connect low and moderate-income Ohioans with access to work supports such as tax credits and public benefits. To find a benefit site near you, please follow this link:

<https://secure.thebenefitbank.com/ums?task=locator>

ALCOHOL, DRUGS & TOBACCO

Ohio Tobacco Quit Line

(800) 784-8669

www.ohioquits.com

Provides toll-free telephone counseling for those who want to quit smoking. Enrolled clients may receive a supply of nicotine patches at a reduced cost.

DIABETES SUPPORT

Diabetes Association of Greater Cleveland (DAGC)

(216) 591-0800

www.dagc.org

Provides free individual and group diabetes self-management classes, printed educational materials and referral services.